

Wheat Germ Whole-Wheat Buttermilk Pancakes

2 eggs, lightly beaten
1/4 c. canola oil
2 c. buttermilk
1 1/2 t. baking soda
1/2 c. wheat germ
1/2 t. salt
1 1/2 c. whole wheat flour, sifted

In a medium bowl, mix eggs with oil and buttermilk. Stir in baking soda, wheat germ, salt and flour; mix until blended.

Heat a lightly oiled griddle over medium-high heat. Pour or scoop the batter onto the griddle, using 1/4 cup for each pancake. Brown on both sides, turning once.

Yields: 12

Prep Time: 10 min.

Cook Time: 10 min.