

Mile Scale @ Track

Girls

8:15- below = 20

8:16 - 8:45 = 18

8:46 - 9:45 = 16

9:46 - 11:00 = 14

11:01- 12:15 = 12

12:16 - 13:00 = 10

13:01 - 13:45 = 8

13:46 - 15:00 = 6

Boys

7:15 - below = 20

7:16 - 7:45 = 18

7:46 - 8:45 = 16

8:46 - 10:00 = 14

10:01- 11:15 = 12

11:16 - 12:00 = 10

12:01 - 12:45 = 8

12:45 - 14:00 = 6